

All programs listed below can be used during the regular school curriculum but are promoted for Black History Month 2024 (BHM2024). For all our programs, we request the number of classes and students that view/participate. This helps with our metrics for future grant applications.

To access any program below, please email [marny@ccah.ca](mailto:marny@ccah.ca) or [raquel@ccah.ca](mailto:raquel@ccah.ca)

## 1. Oakville Community Foundation Community Classroom

### a) Oakville Museum for Grade 6 Oakville HDSB and HCDSB students only



The Underground Railroad: Next Stop, Freedom & Legacy Voices | Oakville Museum | Virtual only | Contact [julie.hawryszko@oakville.ca](mailto:julie.hawryszko@oakville.ca) with questions

Through virtual tours, digitized artifacts, hands-on activities, stories, and a live interactive video presentation, this inquiry-based education program helps students immerse themselves into historical experiences that offer unique opportunities to experience our shared living heritage. Students will explore Oakville's relationship with the United States in the context of the Underground Railroad. They will learn about how Oakville Harbour played a significant role in the journey to Canada for many freedom seekers. Key figures in the Oakville Underground Railroad story are introduced through the exhibition *Freedom, Opportunity and Family: Oakville's Black History*, and excerpts from the multimedia presentation *The Underground Railroad: Next Stop Freedom* as well as more contemporary stories from the CCAH documentary *Legacy Voices*.

- **COST:** Free for Grade 6 Oakville HDSB and HCDSB
- Please register your Grade 6 class with the Oakville Community Foundation: [The Underground Railroad: Next Stop, Freedom & Legacy Voices Description – Community Classroom \(theocf.org\)](https://theocf.org)

### b) In-person Steelpan Music Discussion and Performance



A live and in-school workshop with CCAH's steelpan instructors where students learn about the steelpan and enjoy a performance; session is about 45 minutes. This session promotes diversity and inclusion and supports cultural development and learning. Up to 10 elementary schools in Oakville (HDSB or HCDSB) are funded by Oakville Community Foundation's Community Classroom project to receive this program for BHM2024. The CCAH is working directly with the HDSB and the HCDSB for schools in Oakville.

- **COST:** Free for 10 HDSB and HCDSB elementary schools in Oakville for BHM2024
- Please complete this form if you are interested in having an event at your school: [Steel Pan Demonstration \(In-School Performance\) – Community Classroom \(theocf.org\)](https://theocf.org)

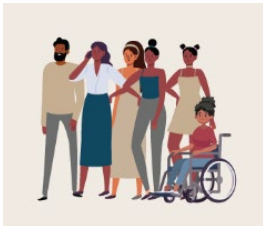
### c) Virtual Steelpan Music Demo (15 mins) and Mini Concert (15 mins)



Pre-recorded performance and workshop to be securely broadcast via the Ministry of Education portals. Programs funded by Oakville Community Foundation's Community Classrooms project. Dedicated to promoting diversity and inclusion, supporting cultural development, and encouraging civic engagement, the CCAH brings Caribbean music and education to Community Classroom participants. This vibrant and informative session about Steelpan has been designed for elementary students but may be used for secondary levels.

- **Cost:** Free. This is an alternative to the in-person option.
- Register with the Oakville Community Foundation's Community Classroom: [Steel Pan Demonstration and Mini Concert – Community Classroom \(theocf.org\)](https://theocf.org)

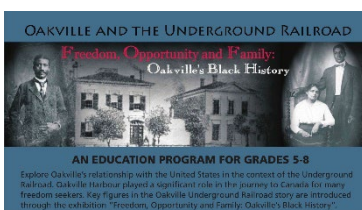
### d) Belonging and Racial Identity in Halton (2022) – Teacher Resource



This community-led report is the culmination of a local survey that sought the thoughts and opinions of Black, Indigenous and People of Colour who live, work and spend time in Halton Region and was a follow-up to the CCAH 2003 report *Growing Up Black In Oakville*. To support the findings in the 2022 report and present them in a way that is digestible, accompanying videos, that CCAH President provides an introduction to, have been created. Topics include Inclusivity in Education, Cultural Displays, Inclusivity in the Workplace, Healthcare, Rebuilding the Justice System and more. The videos also outline several recommendations and include Discussion Topics. *These videos are teacher resources.* Running time: Part 1 is 6 minutes; Part 2 is 4 minutes.

- **Report:** [Belonging Report - Canadian Caribbean Association of Halton \(ccah.ca\)](https://ccah.ca)
- **Cost:** Free.
- **Register here:** [Belonging and Racial Identity in Halton – Community Classroom \(theocf.org\)](https://theocf.org)

## 2. Oakville Museum – The Underground Railroad



Students will explore Oakville's relationship with the United States in the context of the Underground Railroad. Oakville Harbour played a significant role in the journey to Canada for many freedom seekers. Key figures in the Oakville Underground Railroad story are introduced through the exhibition *Freedom, Opportunity and Family: Oakville's Black History*, and the multimedia presentation *The Underground Railroad: Next Stop Freedom*. Accessibility: Please note that the multimedia presentation for this program is located on the second floor of the museum, accessible by stairs only. For groups with mobility issues, please contact us to discuss how we can best accommodate your visit.

- Grades 5 to 8
- Subject: Social Studies; History and Geography
- Curriculum Strands: History; Heritage and Identity

- Curriculum Topic: The Role of Government and Responsible Citizenship (grade five); Communities in Canada, Past and Present (grade six); Canada, 1800-1850: Conflicts and Challenges (grade seven); Creating Canada, 1850-1890 (Grade eight)
- Duration: Two hours
- Available year round
- \$7.78 per participant
- Book your group visit by filling out the [Oakville School Bookings Form](#)
- Contact Julie Hawryzko at 905-845-6601, ext. 5043 or email [julie.hawryzko@oakville.ca](mailto:julie.hawryzko@oakville.ca)

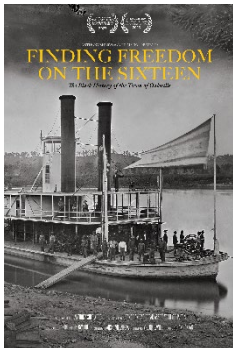
### 3. Black History Posters



Schools can be provided with informational banners developed by the Oakville Museum that relate to the displays within their exhibits. These provide educational information about Oakville’s early Black history. There are 14 posters in total; each is approximately 75 cm x 30 cm.

**COST:** \$100 rental in February; \$200 to purchase. *CCAH has a limited number in stock and ready to be delivered.*

### 4. Finding Freedom on the Sixteen



The amazing story of former enslaved African Americans from the State of Maryland and Louisiana who fled in search of freedom to the small town of Oakville, Ontario in Canada. During the mid 1800's, these early Black settlers helped reshape the future of Oakville and made significant contributions to the history of Canada. *Finding Freedom* is produced in association with CCAH and features its own archived pictures of past president and interview with current president. The CCAH founder was a descendant of the Duncan family, one of the first Black families that settled in Oakville as part of the Underground Railroad. It was an official selection for the Baltimore International Black Film Festival 2023 and won Audience Choice – International Film. **NOTE:** The CCAH is working directly with the HDSB and the HCDSB for viewing times for secondary school students February 26-March 1 at Film.ca in Oakville. Please contact your Board directly to arrange. Running time: 67 minutes.

- View Trailer: [Official Movie Trailer - Finding Freedom \(vimeo.com\)](#)

### 5. Diana Braithwaite and Chris Whiteley

#### a) Blues and Jazz with Chris Whiteley and Diana Braithwaite



Pre-recorded musical performance featuring jazz songs, and the spoken word created by multiple Maple Blues award winning artists Diana Braithwaite and Chris Whiteley. During the performance, they educate and entertain audiences with a musical journey through history to discover the early origins of jazz and the current music they performed. This presentation is educational while entertaining.

- **Cost:** Free; funding by community grants and private donations

## b) Celebrate Canada's Black History with Diana Braithwaite



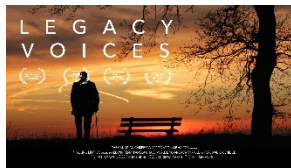
This 30-minute upbeat video for students provides an overview of Black history in Canada by focusing on amazing and proud stories about outstanding African Canadian legends from coast to coast with musical performances. Program suited for elementary and secondary students.

- **Cost:** Free; funding provided by community grants and private donations

## 6. CCAH Legacy Voices Documentaries

Halton Region has a rich history of Blacks in the community that should not be forgotten. CCAH has designed and developed two film projects to highlight contemporary Black history in Halton Region. CCAH President, Andrew Tyrrell, is the Executive Producer of these films.

### a) Legacy Voices (2020)



Five voices describe their extraordinary journey of immigration and settlement in the Halton Region. Often the only Black families in their community, they found strength in overcoming racism and worked for changed. The CCAH presents a Falling Motion production featuring Edwin Terry, Pamela Chase, Percival Greenidge, Merle Ling, and Andrew Tyrrell. It

was an official selection for four film festivals: Hamilton Film Festival – Canadian Market 2020; Canadian Diversity Film Festival 2020; Quinte Canadian Filmfest 2020; an Honourable Mention at Film for Peace 2020; and Best Short Film at OFFA 2020. Running time: 15 minutes.

**NOTE:** This documentary is also a permanent exhibit at the Oakville Museum viewed on a standing kiosk.

- **Cost:** Free
- View Trailer: [Legacy Voices Official Trailer on Vimeo](#)

### b) Legacy Voices 2: New Generation (2023)



Join the conversation with four individuals as they discuss their experiences of living in Halton Region leaving a legacy for children so that others may follow. This is a follow-up to the award-winning documentary Legacy Voices. The CCAH presents a Falling Motion production featuring Dennis Scott, Edwin Terry, Richelle “Shelle” Papin, and Azelin Philips. This document won Runner Up Audience Choice Award for Best Short Film OFFA10 2023 (Oakville Film Festival). Running time: 15 minutes.

- **Cost:** Free
- View Trailer: [Legacy Voices 2 Official Trailer \(vimeo.com\)](#)

**NOTE:** This documentary is premiering on February 28, 2024, as part of CCAH’s Black History Month programming. Following the premiere, the film will be publicly accessible.

## 7. Clef Notes to Canvas

Facilitated by local artist Omar "Oms" Hopkinson | Grade 9 – 12 | 2.5 hours



This is an interactive art session, where creativity, music and awareness meet. The first part of the program focuses on "The Struggle" whereby participants allow the mood of the background music to evoke feelings that are translated onto the canvas. The second part focuses on the "Freedom" of creativity whereby participants allow music to influence exploration and expand upon the initial artwork created. No experience necessary.

- **Cost:** \$400 for the art instructor; paint supplies and easels are additional costs if these materials can't be sourced by the school. *CCAH to cover 50% of costs during February.*
- View trailer: <https://vimeo.com/501981160/03340c694a>

## 9. (Un)healthy Youth Relationships for Secondary Students



February is also teen dating violence awareness month. Presented by Radius Child and Youth Services, in this workshop for secondary students, youth will learn about the different types of abuse and how unhealthy relationships can begin. We will cover several "red flags" or warning signs that could be indicators of an abusive or unhealthy relationships. Statistics regarding types of abuse in different populations will be presented, as well as the impact of abuse on victims. Finally, we will talk about how you can help a friend who might be in an unhealthy relationship, and where the person perpetrating the abuse can seek help.

- **Cost:** Free

## 10. CCAH Sizzlin' Halton Cooking Sessions for Schools

These cooking series were designed, developed and created by CCAH for secondary students in culinary programs but they are also an excellent opportunity for ESL students and participants in social justice or hospitality programs. While the episodes are focused on Caribbean cooking, food is a basic human need that transcends across all cultures and each Chef facilitates a general discussion about food being a bridge among ethnicities.

### Virtual

These are 30-minute pre-recorded sessions followed by an optional live/virtual discussion (30 minutes) with the chefs regarding food and cooking styles unique to the Caribbean. There are six video options to choose from among four chefs. Virtual sessions are broadcast via the Ministry of Education virtual portals.

- **Cost:** \$200 for video and virtual chef discussion; unlimited number of students/classes per session. *CCAH to cover 50% of costs during February.*

## In-person

All chefs are available for in-person sessions at high schools equipped with kitchens. Foods prepared can be from the Sizzlin' Halton series (6 episodes) or at the request of the school. As all chefs are professionals, booking requires 2-4 weeks' notice to block calendars and shop for ingredients. Sessions are generally 1 hour.

- **Cost:** \$400 fees for Chef to purchase ingredients, pre-event prep, travel, and onsite time. *CCAH to cover 50% of Chef fees during February.* Expenses for ingredients will be charged as a pass-through and will vary depending on the food prepared.

## Sizzlin' Halton Episodes



Episode 2: Chef Delvon prepares a Jamaican Escovitch Fish comprised of a fried Snapper and a spicy marinade of vinegar-based peppers, which is served with a side of Jamaican rice and peas.

Trailer: <https://vimeo.com/481795052/64e6e5dad9>



Episode 3: Chef Wayne prepares a traditional Jamaican Beef Liver and one of his Reggae Kitchen signature dishes, called Island Mash, that combines potatoes, sweet potatoes and plantains.

Trailer: <https://vimeo.com/504275065/6fc295c579>



Episode 4: Chef Romaine prepares a Curry Crab Fritter drizzled with a Coconut Corn Cream where the corn is caramelized prior to blending. The dish is then topped with green onions and a micro blade for colour.

Trailer: <https://vimeo.com/536967738/111cb1e42e>



Episode 6: Chef Delvon prepares Trinidadian Bakes and Salted Cod that includes sautéed onions and peppers. The fish and pepper mixture can then be stuffed into the flour bakes or served separately.

Trailer: <https://vimeo.com/536967277/f36db6df8d>



Episode 7: Chef Garfield prepares Akee and Salfish Ravioli. This traditional Jamaican dish is prepared with a flare by creating a stuffing for bite-sized ravioli, but also a puff pastry.

Trailer: <https://vimeo.com/668659476/5fadf6db35>



Episode 8: Chef Wayne prepares Steamed Fish with Pumpkin, Okra and Cho Cho. Side garnishes include green banana and avocado.

Trailer: <https://vimeo.com/668659924/123b0f0a8e>